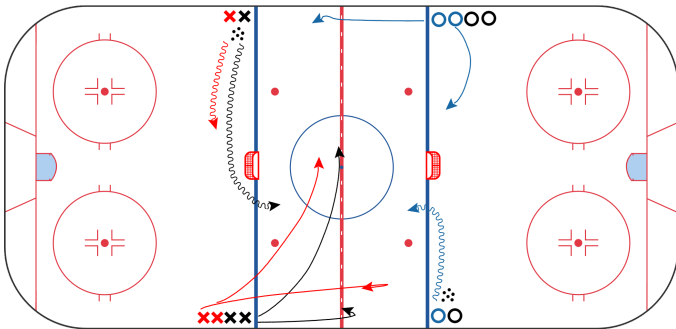


3v3v3

0 mins



Player leaving line with puck must initiate with movement towards the net

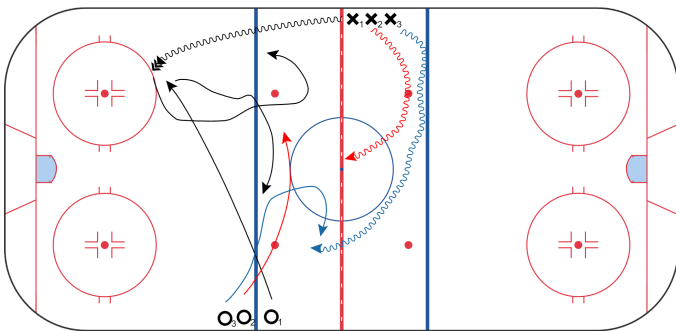
X attack 3v0 with urgency (black)

On whistle O attacks 3v3 vs X who transition to defend (blue)

On Whistle next set of X attack O 3v3 (red)

Tag Up: 1v1/2v2/3v3

0 mins



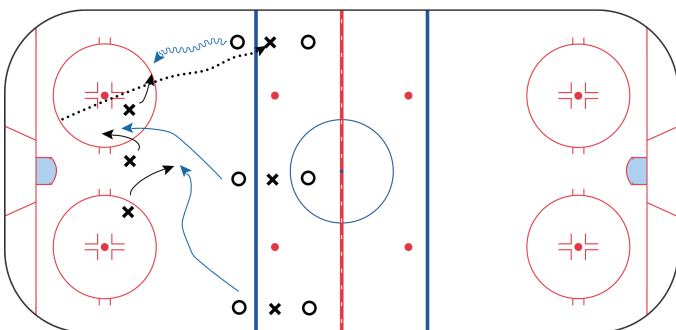
On Whistle X1 attack net, O1 chase and angle

On Whistle, X2 jumps out with puck as X1 tags up on-side...play 2v2 against O1 + O2

On Whistle, X3 jumps out with puck as X1 + X2 tags up on-side....play 3v3 against O1 + O2 + O3

Continuous 3v3

0 mins



On Whistle O attacks X 3v3

On Turnover X outlet to next line of X...they attack the O to play 3v3