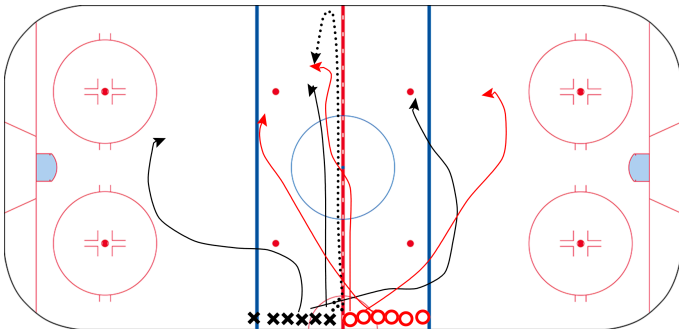


## Chase 3v3

10 mins



### SETUP:

1. Coach at red line with all the pucks
2. Players line up against boards at red line - one team on either side of red line beside the coach

### ACTION:

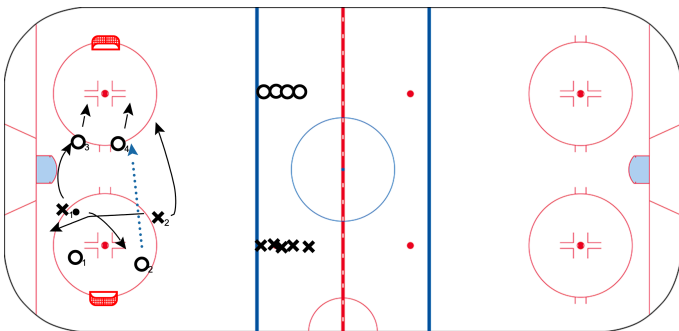
1. On whistle Coach fires puck off far boards - 3 players from each team are activated to play 3v3 full ice

### Key Points

1. Only 1 player from each team should chase initial puck
2. Look for both high and low support on initial chase

## Larson 2v2

10 mins



### 2 v 2 in zone

- Each pair plays Offense then defends then goes to back of the line  
 X1/X2 attack O1/O2...when O1/O2 get puck they head man to O3/O4  
 with X1/X2 back check to defend  
 X3/X4 then jump in ready to attack on transition pass from X1/X2

## Build Larson 2v2 to 3v3

0 mins

## Score Anywhere 4v4 half ice

0 mins