



MALE U13 PROSPECTS CAMP



REGINA, SK • CO-OPERATORS CENTRE

APRIL 3-5, 2026

TEAM 1- WHITE

FRIDAY, APRIL 3rd

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
2:30pm	REGISTRATION	Coo-perators Centre (SaskTel Be Kind Arena)
3:00-3:30pm	DRYLAND TRAINING	PEAK PERFORMANCE
4:00-4:45pm	POWER SKATING	Co-operators Centre (SaskTel Be Kind Arena)

SATURDAY, APRIL 4th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
8:30-9:15am	SKILL SESSION #1	Co-operators Centre (SaskTel Be Kind Arena)
9:45-10:15am	OFF-ICE FITNESS	PEAK PERFORMANCE
12:45-1:30pm	SKILL SESSION #2	Co-operators Centre (SaskTel Be Kind Arena)
3:45-4:30pm	SHOOTING & SCORING (Off- Ice)	PEAK PERFORMANCE
5:00-5:45pm	TEAM PRACTICE	Co-operators Centre (SaskTel Be Kind Arena)

SUNDAY, APRIL 5th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:00-10:00am	Game vs. Team 3	Co-operators Centre (SaskTel Be Kind Arena)
11:30-12:30pm	Game vs. Team 2	Co-operators Centre (SaskTel Be Kind Arena)



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APRIL 3-5, 2026

TEAM 2- BLACK

FRIDAY, APRIL 3rd

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
3:15pm	REGISTRATION	Co-operators Centre (SaskTel Be Kind Arena)
3:45-4:15pm	DRYLAND TRAINING	PEAK PERFORMANCE
5:00-5:45pm	POWER SKATING	Co-operators Centre (SaskTel Be Kind Arena)

SATURDAY, APRIL 4th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:30-10:15am	SKILL SESSION #1	Co-operators Centre (Sasktel Be Kind Arena)
10:45-11:15am	OFF-ICE FITNESS	PEAK PERFORMANCE
1:45-2:30pm	SKILL SESSION #2	Co-operators Centre (SaskTel Be Kind Arena)
4:45-5:30pm	SHOOTING & SCORING (Off-Ice)	PEAK PERFORMANCE
6:00-6:45pm	TEAM PRACTICE	Co-operators Centre (SaskTel Be Kind Arena)

SUNDAY, APRIL 5th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
10:15-11:15am	Game vs. Team 4	Co-operators Centre (SaskTel Be Kind Arena)
11:30-12:30pm	Game vs. Team 1	Co-operators Centre (SaskTel Be Kind Arena)



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REGINA, SK • CO-OPERATORS CENTRE

APRIL 3-5, 2026

TEAM 3- GREEN

FRIDAY, APRIL 3rd

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
4:00pm	REGISTRATION	Co-operators Centre (SaskTel Be Kind Arena)
4:30-5:00pm	DRYLAND TRAINING	PEAK PERFORMANCE
6:00-6:45pm	POWER SKATING	Co-operators Centre (SaskTel Be Kind Arena)

SATURDAY, APRIL 4th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
10:30-11:15am	SKILL SESSION #1	Co-operators Centre (SaskTel Be Kind Arena)
11:45-12:15pm	OFF-ICE FITNESS	PEAK PERFORMANCE
2:45-3:30pm	SKILL SESSION #2	Co-operators Centre (SaskTel Be Kind Arena)
5:45-6:30pm	SHOOTING & SCORING (Off-Ice)	PEAK PERFORMANCE
7:00-7:45pm	TEAM PRACTICE	Co-operators Centre (SaskTel Be Kind Arena)

SUNDAY, APRIL 5th

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:00-10:00am	Game vs. Team 1	Co-operators Centre (SaskTel Be Kind Arena)
12:45-1:45pm	Game vs. Team 4	Co-operators Centre (SaskTel Be Kind Arena)



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REGINA, SK • CO-OPERATORS CENTRE

APRIL 3-5, 2026

TEAM 4- GREY		
FRIDAY, APRIL 3rd		
<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
4:45pm	REGISTRATION	Co-operators Centre (SaskTel Be Kind Arena)
5:15-5:45pm	DRYLAND TRAINING	PEAK PERFORMANCE
7:00-7:45pm	POWER SKATING	Co-operators Centre (SaskTel Be Kind Arena)
SATURDAY, APRIL 4th		
<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
11:30-12:15pm	SKILL SESSION #1	Co-operators Centre (SaskTel Be Kind Arena)
12:45-1:15pm	OFF-ICE FITNESS	PEAK PERFORMANCE
3:45-4:30pm	SKILL SESSION #2	Co-operators Centre (SaskTel Be Kind Arena)
6:45-7:30pm	SHOOTING & SCORING (Off-Ice)	PEAK PERFORMANCE
8:00-8:45pm	TEAM PRACTICE	Co-operators Centre (SaskTel Be Kind Arena)
SUNDAY, APRIL 5th		
<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
10:15-11:15am	Game vs. Team 2	Co-operators Centre (SaskTel Be Kind Arena)
12:45-1:45pm	Game vs. Team 3	Co-operators Centre (SaskTel Be Kind Arena)