



**PUBLIC HEALTH ORDER
MANDATORY ISOLATION AND FACE COVERING**

September 16, 2021

(Under Subsection 45(2) of *The Public Health Act, 1994* and section 25.2 of *The Disease Control Regulations*)

WHEREAS:

- A. I, Dr. Saqib Shahab, an official with the Ministry of Health and the Chief Medical Health Officer for the Province of Saskatchewan, have been authorized by the Minister of Health to make this Order under section 45 of *The Public Health Act, 1994*;
 - B. The transmission of the infectious agent SARS-CoV-2, which has caused cases and outbreaks of a serious communicable disease known as COVID-19 among the population of the Province of Saskatchewan, is a serious public health threat, as defined in *The Public Health Act, 1994*;
 - C. COVID-19 is a category I communicable disease;
 - D. To decrease or eliminate the risk to health presented by COVID-19, it is necessary to (a) reduce the probability for transmission of SARS-CoV-2, and (b) reduce the exposure to SARS-CoV-2;
 - E. An individual infected with SARS-CoV-2, including a variant of concern, can infect other people with whom the infected individual is in contact;
 - F. Multiple SARS-CoV-2 variants of concern have emerged worldwide and are now present in Canada and Saskatchewan. These variants of concern are more transmissible than the previously dominant variants, and are more likely to cause death or serious illness;
 - G. Vaccination against COVID-19 is now widely available across Saskatchewan. Vaccines approved for use in Canada have proven to be safe and highly effective at both preventing the transmission of COVID-19 and preventing negative health outcomes, such as hospitalization and death, in vaccinated persons who do contract COVID-19. However, Saskatchewan has a large population of unvaccinated persons, including those younger than 12 years of age, which is fueling the community spread of COVID-19 and creating opportunities for “breakthrough” infections of vaccinated persons;
 - H. This Order is necessary in order to reduce the burden on Saskatchewan's health care system, enable essential services to continue, and to reduce serious illness and overall deaths as a result of the COVID-19 pandemic;
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- I. I am aware of and have considered the impact that this Order will have on the people of Saskatchewan;
- J. While issuing this Order, I have determined that the restrictions herein are not disproportionate to the risk that COVID-19 poses to the people of Saskatchewan;
- K. I am aware of and have considered that this Order may impact upon constitutionally-protected interests, particularly the rights and freedoms protected by the *Canadian Charter of Rights and Freedoms* (“**Charter**”), including freedom of expression, freedom of peaceful assembly, freedom of association, and mobility rights. I also recognize that the rights and freedoms protected by the *Charter* are not absolute, and are subject to reasonable limits, prescribed by law as can be demonstrably justified in a free and democratic society;
- L. When issuing this Order, I have considered whether alternate measures that are less impactful on the *Charter*-protected rights and freedoms of the people of Saskatchewan are appropriate and consistent with public health principles, including the precautionary principle. I am aware of the importance of choosing measures that impact the *Charter*-protected rights and freedoms of the people of Saskatchewan as little as possible. To that end, this Order:
 - a. allows fully vaccinated persons to be exempted from the requirement to self-isolate if they are a close contact; and
 - b. provides exceptions from self-isolation for school-aged children, to reduce the societal burden associated with parental or guardian absence from work and to ensure children can continue in-person learning;
 - c. allows for the removal of face coverings in a number of instances where the removal of such face covering is conducive to free expression, and where the risk of temporarily removing the face covering is low or manageable; and
 - d. contains exceptions for those with documented medical conditions that may affect their ability to wear a face covering.
- M. I consider the following measures necessary to decrease or eliminate the risk to health presented by COVID-19 and in the public interest, in order to prevent, reduce and control the transmission of SARS-CoV-2, including variants of concern; and
- N. By virtue of the foregoing and under subsection 45(2) of *The Public Health Act, 1994* and subsection 25.2(2) of *The Disease Control Regulations*, effective September 17, 2021 at 12:01am I hereby rescind my *Mandatory Isolation Order* (September 15, 2021) and ORDER and DIRECT:

This Order applies to all individuals, businesses, institutions, associations and other organizations within the Province of Saskatchewan and City of Lloydminster.

SECTION 1: DEFINITIONS

(a) In this Order:

(i) “**close contact**” means an individual who has one of the following forms of contact with an individual with COVID-19 during that individual’s infectious period:

1. lived with or was within two metres of an individual with COVID-19 for 15 minutes or more of cumulative contact;
2. had direct contact with infectious bodily fluids of an individual with COVID-19;
3. was coughed or sneezed on by an individual with COVID-19;
4. provided direct care to an individual with COVID-19; or
5. had physical contact with an individual with COVID-19.

“**close contact**” includes, in the case of pupils, the following forms of contact with an individual with COVID-19 during that individual’s infectious period:

1. all pupils who, for a period of greater than 15 minutes, simultaneously occupied the same indoor space at a school or daycare as an individual with COVID-19; and
2. all pupils who ride the bus or other form of shared transportation to or from school or daycare with an individual with COVID-19.

“**close contact**” does not include a health care worker in a hospital, personal care home or special care home when wearing appropriate personal protective equipment, specific to COVID-19 exposure, approved by the individual’s workplace Occupational Health and Safety requirements at the time they:

1. are within two metres of or have physical contact with an individual with COVID-19;
2. provide direct care to an individual with COVID-19;
3. are coughed or sneezed on by an individual with COVID-19; or
4. have direct contact with infection bodily fluids of an individual with COVID-19.

In this definition, “daycare”, “pupil”, and “school” have the meaning given to them in section 3(a)

(iii) “**face covering**” means a medical or non-medical mask or other face

covering that fully covers the nose, mouth and chin, but does not include a face shield or visor;

- (iv) “**fully vaccinated**” means, at the time an individual becomes a close contact of an individual with COVID-19, it has been 14 days or more after the second dose of a two-dose COVID-19 immunization series or 14 days or more after first dose of a single-dose immunization series;
- (v) “**health care worker**” means, for the purposes of the definition of “close contact”:
 - 1. an employee, contractor, or student that works in a facility that provides medical, dental, diagnostic, or other health-related care or treatment, including a hospital, a special care home designated pursuant to *The Provincial Health Authority Act*, a personal care home licensed pursuant to *The Personal Care Homes Act*, a “medical imaging facility” as defined in *The Patient Choice Medical Imaging Act*, and offices providing services by a member of a regulated health services profession; or
 - 2. an employee or contractor of the Saskatchewan Health Authority who provides health-related care or treatment.
- (vi) “**individual**” means a natural person;
- (vii) “**individual with COVID-19**” means an individual who tests positive for COVID-19 and is within their infectious period;
- (viii) “**infectious period**” means, with respect to an individual who tests positive for COVID-19:
 - 1. If the individual had symptoms prior to the positive COVID-19 test being administered, 48 hours before the start of symptoms until ten days after the start of their symptoms, or longer if advised by a Medical Health Officer; or
 - 2. If the individual had no symptoms at the time of the positive COVID-19 test being administered:
 - A. 48 hours prior to the test to ten days after the date of their positive COVID-19 test, if they do not experience symptoms during that period of time; or
 - B. 48 hours prior to the positive COVID-19 test being administered until ten days after the start of symptoms, if they experience symptoms within ten days of the test.
- (ix) “**partially vaccinated**” means, at the time an individual becomes a close contact of an individual with COVID-19:

1. An individual has received the first dose of a two-dose COVID-19 immunization series, and at least 14 days have passed since the individual received that dose; or
 2. An individual has received two doses of a COVID-19 immunization series, but 14 days have not passed since the individual received their second dose.
- (x) “*symptoms*” means the signs and symptoms of a COVID-19 infection, and includes fever, cough, headache, muscle or joint aches and pains, sore throat, chills, runny nose, conjunctivitis or pink eye, dizziness, fatigue, nausea or vomiting, diarrhea, loss of appetite, altered sense of taste or smell, shortness of breath, or difficulty breathing; and
- (xi) “*tests positive for COVID-19*” means an individual has tested positive for SARS-CoV-2 utilizing an antigen test or polymerase chain reaction (PCR) test.

SECTION 2: SELF-ISOLATION

- (a) All individuals that tests positive for COVID-19 shall immediately self-isolate until the later of the following:
- (i) Ten days from the onset of symptoms; or
 - (ii) Ten days from the date the positive COVID-19 test was administered if the individual did not have or display symptoms when tested and has not shown symptoms since the test was administered.
- (b) Subject to subsections (d) and (e) and section 3, all individuals that are a close contact of an individual with COVID-19 shall self-isolate for 14 days from the date of their last exposure to COVID-19.
- (c) All individuals that become symptomatic while self-isolating pursuant to subsection (b) shall call HealthLine 811 and follow all HealthLine directives.
- (d) A Medical Health Officer may exempt an individual from the requirement to self-isolate pursuant to subsection (b) if, in the opinion of the Medical Health Officer:
- (i) The individual provides an essential service, as described in Appendix A;
 - (ii) The individual’s inability to provide that essential service due to self-isolation would pose a safety risk to the public; and
 - (iii) The individual was partially vaccinated at the time of their exposure to COVID-19.

An exemption pursuant to this subsection shall be limited to the times and places necessary to provide the essential services identified pursuant to paragraph (i), and may be subject to any terms or conditions imposed by the Medical Health Officer.

- (e) An individual who is required to self-isolate pursuant to subsection (b) is exempt from the requirement to self-isolate if the individual was fully vaccinated at the time they become a close contact of an individual with COVID-19.
- (f) If an individual exempt from self-isolation pursuant to subsection (d) or (e) or section 3 develops symptoms within 14 days from the date of their last exposure to COVID-19, that individual's self-isolation exemption is automatically revoked, and that individual shall:
 - (i) Immediately self-isolate in accordance with subsection (b); and
 - (ii) Call HealthLine 811 and follow all HealthLine directives.

SECTION 3: SELF-ISOLATION IN SCHOOLS AND DAYCARES

- (a) For the purposes of this section:
 - (i) "**daycare**" means:
 1. a "facility" as defined in *The Child Care Act, 2014*;
 2. a before or after school program operated in affiliation with a school;
 3. a "prekindergarten program" as defined in *The Education Act, 1995*; and
 4. a bus or other form of shared transportation, if utilized by the pupil to travel to or from daycare;
 - (ii) "**pupil**" means an individual who is enrolled in a school or daycare; and
 - (iii) "**school**" means:
 1. a "school" as defined in *The Education Act, 1995*;
 2. an "independent school" as defined in *The Education Act, 1995*; and
 3. a bus or other form of shared transportation, if utilized by the pupil to travel to or from school.
- (b) A pupil who is a close contact of an individual with COVID-19 is exempt from self-isolation mandated by subsection 2(c) if the pupil does not have or display symptoms. An exemption pursuant to this subsection shall be limited to the times necessary to attend school for educational purposes or daycare and may be subject to any terms or conditions imposed by a Medical Health Officer.
- (c) For greater certainty, a pupil whose self-isolation is exempted by subsection (b) shall not:
 - (i) Attend at a school or daycare other than the school or daycare where the pupil

ordinarily attends.

- (ii) Attend or remain at a school or daycare for purposes other than those listed in subsection (b), including participation in extracurricular activities.
- (d) For greater certainty a pupil whose self-isolation is exempted by subsection (b) may continue to utilize the bus or other form of shared transportation during their period of self-isolation.

SECTION 4: FACE COVERINGS IN ENCLOSED SETTINGS

(a) For the purposes of this section:

(i) “**health professional**” means:

1. A practicing Physician registered with the Saskatchewan College of Physicians and Surgeons;
2. A practicing Nurse Practitioner or Registered Nurse registered with the Saskatchewan Registered Nurses Association;
3. A practicing Psychiatric Nurse registered with the Registered Psychiatric Nurses Association of Saskatchewan;
4. A practicing Clinical Psychologist that is authorized to diagnose registered with the Saskatchewan College of Psychologists; or
5. A Pharmacist registered with the Saskatchewan College of Pharmacy Professionals;

(ii) “**medical face covering**” means a face mask that holds a Class 1 medical device designation from Health Canada;

(iii) “**occupant**” means an individual who ordinarily resides in a private dwelling;

(iv) “**outbuilding**” includes any area that has a roof and two or more enclosing walls. For greater certainty:

1. Umbrellas are not roofs;
2. A barrier, including a fence or wall, that is no higher than half the ordinary height of a wall is not an enclosing wall;
3. A barrier, including a fence, comprised of mesh or netting that does not block the movement of air through it is not an enclosing wall; and
4. A barrier, including the wall of a tent, which is erected at an angle to the ground such that the barrier acts as a wall and a roof at once is simultaneously an enclosing wall and a roof for the purposes of this

definition;

- (v) “*private dwelling*” includes any outbuildings associated with the private dwelling; and
 - (vi) “*service worker*” means:
 - 1. A health care worker that provides in-person services to patients;
 - 2. A public transport worker that provides in-person services to clients;
 - 3. A retail service or sales worker that provides in-person services to customers;
 - 4. A food or beverage service worker that provides in-person services to customers; or
 - 5. A personal service worker that provides in-person services to clients.
- (b) Subject to the exemptions set out in subsections (c), (d), and (e), all individuals shall wear a face covering when in the following enclosed settings:
- (i) Addiction treatment centres, complex care centres, health centres, hospitals, mental health centres, residential treatment centres or special-care homes designated pursuant to *The Provincial Health Authority Act*;
 - (ii) Personal care homes licensed pursuant to *The Personal Care Homes Act*;
 - (iii) Assisted living facilities;
 - (iv) Residential-Service Facilities licensed pursuant to *The Residential-service Facility Regulations*;
 - (v) Pharmacies;
 - (vi) Medical offices and health service centres, such as doctor’s offices, dentist’s offices, physiotherapist offices, and therapeutic massage offices;
 - (vii) Retail businesses, such as grocery stores, clothing stores, and sporting goods stores;
 - (viii) Service businesses, such as mechanics, insurance agencies, dry cleaners, and professional services;
 - (ix) Shopping centres, markets, and malls;
 - (x) Personal service businesses, such as hair salons, nail salons, spas, body art facilities, and tanning salons;

- (xi) Restaurants and bars, including permittees issued a tavern permit or manufacturer permit pursuant to *The Alcohol Control Regulations, 2016*;
- (xii) Places of worship or faith gatherings;
- (xiii) Places for cultural or entertainment services or activities, such as movie theatres, arcades, concerts or other performances;
- (xiv) Places for sports and recreational activities, such as gyms, ice arenas, pools, gymnastics facilities, dance facilities, or indoor court or field facilities;
- (xv) Places used to hold events or host gatherings, such as conferences, conventions, and receptions;
- (xvi) Municipal, provincial, or federal government locations offering services to the public;
- (xvii) In all common areas of a correctional facility designated pursuant to *The Correctional Services Act, 2012*;
- (xviii) Hotels, motels, and bed and breakfasts;
- (xix) Common areas of rental cabins or cottages;
- (xx) Common areas, such as elevators, lobbies, or hallways, of multi-unit residential buildings;
- (xxi) Public areas of a university or college campus, such as a library or student union building, classrooms, hallways, administration offices, and other common areas. For greater certainty, public areas do not include student residences;
- (xxii) A school or independent school as defined in *The Education Act, 1995*, excluding home schools;
- (xxiii) A facility as defined in *The Child Care Act, 2014*;
- (xxiv) Train stations, bus stations, bus shelters, ferry terminals, and airports;
- (xxv) Ride share services, carpools, and public transportation, including buses, cabs, car services, shuttles, and transportation issued a permit pursuant to subsection 19(1)(c) of *The Alcohol Control Regulations, 2016*;
- (xxvi) Common areas, such as elevators, lobbies, hallways or areas where more than one individual works, in all workplaces that are not otherwise mentioned in paragraphs (i) to (xxv), including, but not limited to, businesses that the public do not ordinarily have access to, construction sites, or manufacturing facilities; and

(xxvii) Private dwellings in the following circumstances:

1. When individuals are in the dwelling for the purposes of cleaning or maintenance services; and
2. If a business is operated out of the private dwelling, when individuals are in the dwelling for purposes related to the operation of that business.

(c) Face coverings are not required for the following individuals:

- (i) Individuals aged two and under;
- (ii) Individuals aged three to twelve who are not reasonably able to wear a face covering;
- (iii) Subject to subsection (g), individuals who, in the determination of a health professional, are unable to wear a face covering due to a particular medical condition and have received written confirmation of same in accordance with subsection (f);
- (iv) Individuals who, due to cognitive impairment, an intellectual disability, or a severe mental health condition, are unable to understand the requirement;
- (v) The following individuals, while speaking during a television or other media news interview or conference, but only when they can maintain a distance of three metres from other individuals:
 1. Municipal, provincial, or federal government officials; and
 2. Media broadcasters;
- (vi) Individuals who are leading a service, ceremony, or other public event while speaking from a podium, lectern, platform, stage, desk or other standing or seating area dedicated to speaking, but only when the individual can maintain a distance of three metres from other individuals;
- (vii) Individuals playing a woodwind, brass, or other instrument operated by breath, but only if they can maintain a distance of three metres from other individuals, as measured from the mouth or opening/bell end of the instrument, whichever is closest, to another individual while playing;
- (viii) Individuals acting or performing in a film, television, or media production, for the duration of the scene or performance only, so long as they are subject to a proof of vaccination policy;
- (ix) Individuals 18 years of age and older while participating in athletic or sports activities, for the duration of the sport or activity only, so long as they are subject to a proof of vaccination policy; and
- (x) Individuals who are under the age of 18 years while participating in

athletic or sports activities, for the duration of the sport or activity only.

(d) Face coverings are not required in the following circumstances:

- (i) Where the short-term removal of the face covering is necessary for the purposes of identifying an individual;
- (ii) Where it is necessary for an individual to uncover their nose, mouth, or chin for the purposes of receiving a health or personal service, for the duration of the treatment or service only;
- (iii) While seated and consuming food or a beverage in a restaurant, food court at a shopping centre or food store, bar, movie theatre or in any other location where food or beverages are served;
- (iv) While participating in aquatic activities, for the duration of the activity only;
- (v) While providing personal support services to an individual with a disability if wearing a face covering could hinder the ability of that individual to receive the service, such as hindering that individual's ability to lip read;
- (vi) While alone in an area of an enclosed setting to which members of the public do not normally have access;
- (vii) In a courthouse or courtroom, where wearing a face covering poses a security risk;
- (viii) In a proceeding before an administrative tribunal established by legislation or a court, where the decision-maker determines that removing the face covering is essential to ensure the integrity of the proceeding; or
- (ix) While a child is sleeping at the enclosed space mentioned in paragraph (b)(xxiii).

(e) Face coverings are not required in the following enclosed settings:

- (i) The private resident areas of the settings described in paragraphs (b)(i) to (iv); and
- (ii) Hotel rooms, motel rooms, bedrooms and private bathrooms in a bed and breakfast.

(f) For the purposes of paragraph (c)(iii), written confirmation of a particular medical condition must include:

- (i) the name of the individual to whom the written confirmation of exemption applies;

- (ii) the name of the issuing health professional;
- (iii) the telephone number of the issuing health professional;
- (iv) the signature of the issuing health professional; and
- (v) the date the written confirmation was provided.

For greater certainty, the written confirmation of a particular medical condition does not need to disclose the individual's particular medical condition.

- (g) Individuals who, in the determination of a health professional, are unable to wear a face covering due to a particular medical condition and receive written confirmation of same in accordance with subsection (f), but are also employed as a service worker must wear a face covering while performing their duties unless:
 - (i) The manner in which the individual's duties are performed is altered to ensure that they do not come within a two metre distance of any individual who is not an occupant of the individual's private dwelling; or
 - (ii) Other measures have been put into place that eliminate or reduce the risk of transmission of SARS-CoV-2 to the satisfaction of a public health officer.
- (h) Medical face coverings shall be worn:
 - (i) By medical professionals when providing care to an individual with COVID-19 or an individual displaying signs or experiencing symptoms of SARS-CoV-2 infection;
 - (ii) By employees working in the enclosed space described in paragraph (b)(xxiii) when in contact with a child displaying signs or experiencing symptoms of SARS-CoV-2 infection;
 - (iii) By employees working in the enclosed space described in paragraph (b)(xxii) when in contact with a child displaying signs or experiencing symptoms of SARS-CoV-2 infection;
 - (iv) By employees of child or youth day camps when in contact with a child displaying signs or experiencing symptoms of SARS-CoV-2 infection; and
 - (v) By Staff Members working in patient care areas of a Facility, if they are:
 1. in direct contact with patients; or
 2. cannot consistently maintain two metres of physical distance between themselves and all other individuals.

For the purposes of this paragraph:

1. **“Facility”** means:
 - A. a special-care home designated pursuant to *The Provincial Health Authority Act*;
 - B. a personal care home licensed pursuant to *The Personal Care Homes Act*;
 - C. all facilities designated pursuant to *The Provincial Health Authority Act* operated by the Provincial Health Authority as defined in *The Provincial Health Authority Act*;
 - D. hospitals as designated pursuant to *The Provincial Health Authority Act* operated by an affiliate prescribed in *The Provincial Health Authority Administration Regulations*; and
 - E. the following facilities operated by the Saskatchewan Cancer Agency continued pursuant to *The Cancer Agency Act*:
 - a. Saskatoon Cancer Centre;
 - b. Allan Blair Cancer Centre; and
 - c. The Hematology Clinic;

2. **“Licensee”** means:
 - A. the operator of a special-care home designated pursuant to *The Provincial Health Authority Act*;
 - B. the licensee of a personal care home licensed pursuant to *The Personal Care Homes Act*; and
 - C. an individual who, or corporation that, under a contract or subcontract with an operator of a special care-home or a licensee of a personal care home, provides or arranges for the provision of health care services or support services within the facility.
 - D. *The Provincial Health Authority* as defined in *The Provincial Health Authority Act*; and
 - E. The Saskatchewan Cancer Agency continued pursuant to *The Cancer Agency Act*;

3. **“Staff Member”** means:
 - A. any individual who is employed by, or provides services under a contract with, the Licensee of a Facility; and

- B. any volunteer or student that assists in the provision of services within the Facility.

This Order remains in effect until October 20th, 2021, or until, in the opinion of the Chief Medical Health Officer, there is no longer a public health threat, whichever shall first occur.

DATED at Regina, Saskatchewan, on the 16th day of September, 2021



Dr. Saqib Shahab FRCPC
Government of Saskatchewan
Chief Medical Health Officer

Appendix A - Essential Services

Employers in the below listed essential service fields may apply, to the local public health office, for an exemption on behalf of an employee pursuant to section 2 of this order:

1. Health Care and Public Health Workers

- 811 and 911 call centre workers
- Canadian Red Cross and Canadian Blood Services
- Caregivers
- Home care
- Laboratories and specimen collection centres
- Medical facilities
- Pharmacies
- Physiotherapy – post operative only
- Physical Therapy – post operative only
- Pre-hospital and emergency services (i.e. paramedics, dispatchers)
- Private seniors' residences and services
- Production, supply and distribution of drugs, vaccines and pharmaceutical goods and Medical equipment, including laboratory and research centres
- Public health inspection
- Specialized resources in accommodation (i.e. domestic violence, homelessness, addictions)
- Specialized support services for vulnerable populations (i.e. addictions and mental health support counselling)

2. Law Enforcement, Public Safety and First Responders

- Civil security, coroners and pathology
- Communication services
- Corrections
- Fire services
- Forest firefighters and all types of professionals supporting civil security operations
- Police services, including the distribution of emergency calls
- Security agencies
- Workers, including contracted vendors, who maintain digital infrastructure supporting law enforcement and emergency service options

3. Government and Community Services

- Municipalities, First Nation Bands, or Métis Nation to determine Saskatchewan roles deemed essential to maintain critical functions where other business continuity mitigations aren't available
- Air ambulance, STARS
- All utilities (i.e. power, gas, water/wastewater, telephone) and service providers
- Child and Family Services within the Ministry of Social Services
- Funeral homes, cremation and cemeteries
- Group homes
- Income security and social security
- Providers of goods and services for vulnerable citizens
- Suicide prevention services
- Support services for victims of domestic violence
- Waste collection, disposal and recycling