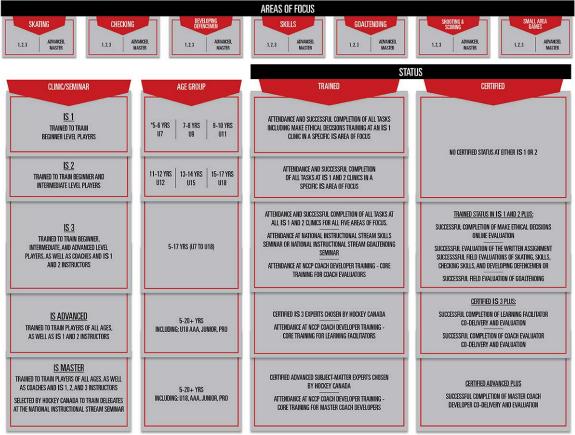
## INSTRUCTIONAL STREAM HOCKEY CANADA - NATIONAL COACHING CERTIFICATION PROGRAM



\*THREE AREAS OF FOCUS ARE NOT APPROPRIATE FOR THIS AGE GROUP: CHECKING SKILLS, DEVELOPING DEFENCEMEN, AND GOALTENDING

The Instructional Stream is a series of clinics that assist coaches and players in developing the skills required to play the game. Coaching clinics are offered on six different topics:

- Skating
- Checking
- Goaltending
- Developing defence
- Skills
- Shooting and Scoring

The focus of each clinic is to assist the coach in developing their knowledge and ability to teach and develop age-appropriate skills (based upon <a href="Hockey Canada's Long-Term Player Development Model">Hockey Canada's Long-Term Player Development Model</a>).

## Certification

These level 1 Instructional Stream clinics, Skating 1, Skills 1, Shooting & Scoring 1 & Developing Defense 1 are delivered with these training steps:

- 1. Hockey Sask online classroom
- 2. Completion of post task

Goaltending 1 has these training steps:

- 1. Hockey Sask Goaltending classroom online
- 2. Attend Goaltending ice session

Checking 1 has these training steps:

- 1. HU-Online Checking
- 2. Hockey Sask Checking classroom online
- 3. Attend Checking ice session

## **Level 2 Certification**

The Instructional Stream level 2 clinics are composed of in-class and on-ice sessions and are facilitated by instructors trained by Hockey Canada. These clinics are offered during the off-season on five different topics:

- Skating
- Goaltending
- Developing defence
- Skills
- Shooting and Scoring