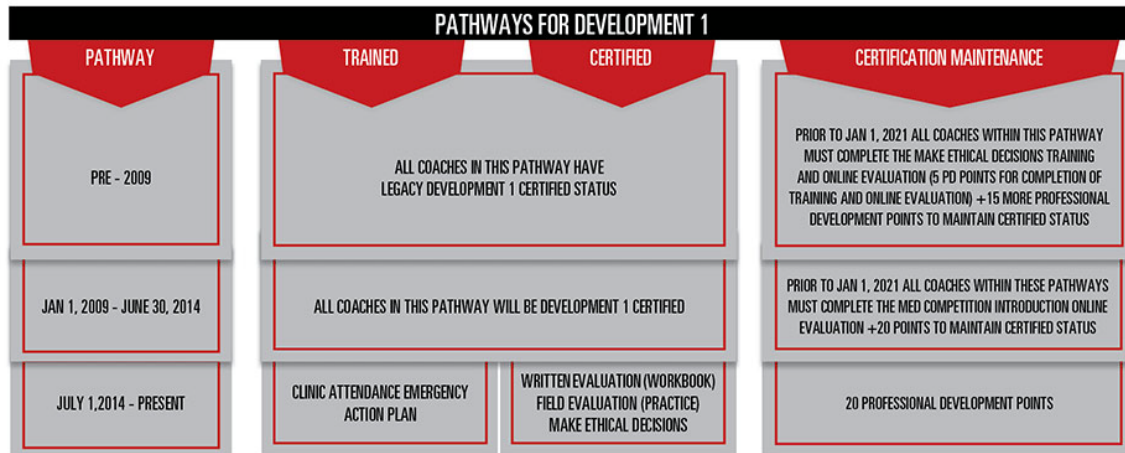


All head coaches guiding teams at U13 AA & U18 AA must be Development 1 Certified. It is recommended all assistant coaches have Development 1 Trained status.

COMPETITION INTRODUCTION STREAM: DEVELOPMENT 1



Overview

Coaches learn good habits when they practice effective coaching behaviours. The clinic is delivered using a combination of both virtual sessions & in-person. This clinic empowers coaches to do and think for themselves. Coaches in Development 1 get an in-depth practical look into the following:

- Team-building
- Skill development
- Drill design
- Developing drill progressions
- Practice planning
- Athletic abilities
- Individual skills and tactics
- Making ethical decisions

Certification

The Development 1 course consists of four training steps:

1. Attend Development 1 sessions (in-person & virtual)
2. Submit written assignment
3. Practice observation
4. Complete Make Ethical Decisions online evaluation